

CORNERSTONE

SANDYLANDS METHODIST CHURCH



PASTOR

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KENDAL
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Lay Community Chaplain
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NOTICE SHEET FOR WEEK 5th - 12th MAY

We extend a **warm welcome to all**, especially visitors.

We invite you to stay **for coffee** after the morning service.

There is a **crèche** for under 3's where your baby or toddler can be looked after while you enjoy worship.

If you would like prayer after the service please talk to someone wearing a Green Lanyard

SUNDAY	10.30am	Mrs B Fryers	Steward Wendy: Welcomers Jeannette & Paul: Coffee Jeannette & Paul: Counters Olive & Freda: PA Lance:
MONDAY	9.30am	Totters *	
	1.30pm	CBBs *	
	6.15pm	Girls Brigade *	
TUESDAY	7.30pm	General Church Meeting **	
WEDNESDAY	6.00pm	Activ8	7.30pm XLR8
THURSDAY	10.00am	Over 60s	
	2.00pm	Friendship Group -	short business meeting & bring and share refreshments
FRIDAY	2.00pm	Cornerstone Crafts	
SATURDAY	9-11am	Christian Aid Big Breakfast ***	
	3.00pm	Messy Church	
SUNDAY	10.30am	Rev David Stretton	Steward Paul: Welcomers Linda & Tracy Coffee Merv & Sally: Counters Agnes & Peter: PA Ed:

Today's readings are John 21:1-14 and 1 Corinthians 15:1-11

* No Children's Groups meeting due to Bank Holiday

Christian Mindfulness

M:Hub in Milnthorpe is beginning weekly sessions from Sunday 2nd June:-
'Explore Mindfulness': Every Sunday from 2nd June, 4-5pm. We will be exploring Mindfulness meditation and techniques together and finding out more about how it helps stress, anxiety and our spiritual lives.

And..... 'Mindful Moments' every Tuesday 10:30-11:30 from 4th June. Rev. David Stretton will be facilitating relaxed drop-in sessions, M:Hub's café will be open for coffee and a chat and there will be a space in the adjoining room to have a brief meditation or do a meditative activity so you can find some stillness in your busy day. Lead by Penny Severn, (Social Worker and Pioneer for the Methodist Church) and Rev. David Stretton,

Mindfulness has lots to teach Christians on our faith journey. Not only does it help to reduce stress and anxiety but also gives us fresh perspectives on the love of God, compassion and forgiveness.

If you would like any more info contact Penny on Mindfulness@mhub.org.uk

NOTICES :- Email Elizabeth on liz_stanbridge@hotmail.co.uk or phone 725156

Notices by Thursday evening please. Notices sent after Thursday evening will NOT be included in the notice sheet.

Karen Bell will be printing the notices on the weeks:-
18th-26thMay and 2nd-9th June
Email Karen at skbell@sky.com or phone K720977.
All notices by Thursday evening please

Easter Offering: Our Circuit Easter Offering Service will be at Cowan Bridge on Sunday May 19th at 4pm. Please make a note in your diary. With thanks on behalf of the WMF.

**** General Church Meeting** - The GCM will be held on Tuesday 7th May at 7.30pm. Please could group leaders forward any reports they wish to be included to Rebecca Preston ASAP!
You can send them by email to liquorice_allsorts14@hotmail.com Thank you



Arnside Methodist Church invite you to their Praise & Prayer service on Friday 10 May at 7.00pm.
An Informal modern worship led by Rev. David Stretton
Everyone is very welcome

Elevate planned for 19th May has been cancelled.

We are now booking a date for the next **60+ Activity Day**. The suggested date is Friday 13th September. If you have been involved in the past and would like to be involved again (in any way) please give your name to Delphine, Elizabeth or Marilyn.



Thanks again for all you help with Messy Palm Sunday. We had some new families which made up for some of our regular congregation being away. Our next session on May 11th is based around Christian Aid and Sierra Leone, and we are celebrating our 2nd birthday. If you would like to get involved please speak to Sally or Karen - we can always use more help!! Please keep Messy Church in your prayers.

To run the session this time we need mini vanilla swiss rolls, Fondant icing (all colours), shoe boxes or small boxes of a similar size, cardboard tubes and clean milk cartons of various sizes. If you can help please put donations in the box in the Hub by 5th May. We would also like to have a dressing up box so that people can dress up as someone they would like to be when they grow up. If you have any items - helmets, gloves, jackets, overalls, etc which we could borrow please let Sally or Karen know



Christian Aid Week Collection at Kendal Birdcage May 18th.
If you can help by collecting at any time during that day please phone 01539 726926

*****There will be a Big Breakfast and Afternoon Tea for CHRISTIAN AID.**

Support needed for Christian Aid week helpers on both days, 3 tier cake stands, jam and marmalade, cakes and fillings for the sandwiches. For the sandwiches either the actual fillings or from the 28th April there will be a donation box on the counter where you get your coffee. Sorry to ask for so much but these charity events would not happen without your help. Please speak to Barbara or Jenny Mellor



Big Breakfast—Saturday 11th May 9-11am. £5 & £2.50



Afternoon Tea—Saturday 18th May 3-5pm. £5 & £2.50

There are sign up sheets for both events in the Hub. Come and help us raise money, have a good time and good food.



Piano recital to raise funds for Christian Aid Week
Charles Edmondson and Stephen Hitchcock



Friday 17th May at 7.30pm in Arnside Methodist Church

Tickets £8 including tea/coffee and cake from Sue & Alan Gardener - Tel 01524 761542 or on the door.
See printed flyers.

Praise on the Lake Sunday 30th June Enjoy a "Sail & Sing" on Lake Windermere with Preston Salvation Army Band.

Board the boat at Lakeside 6.30pm

Tickets - £7.50

For further information, tickets and lifts, please see Delphine or tel 01539 737305





Churches
Together
in Kendal
& District