



You're invited to the Cumbria Launch of Christian Aid Week 2020 story

When: 21st January at 7.00-9.00pm

Where: St Thomas' Church,

RSVP: Book at caw2020cumbria.eventbrite.co.uk OR email Laura Jones LKJones@christian-aid.org or see Barbara Hitchcock who can book for you.

A course at the Catholic Church open to all. On Saturday 8th February at 10.30am in the parish centre on New Road there will be a morning with a nurse and a doctor about the use of Power of Attorney and 'do not resuscitate' forms. This is an open meeting for anyone interested.

CORNERSTONE

SANDYLANDS METHODIST CHURCH



Minister:

Rev Tricia Rogers

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NOTICE SHEET FOR WEEK 19th - 26th JANUARY

We extend a **warm welcome to all**, especially visitors.

We invite you to stay **for coffee** after the morning service.

There is a **crèche** for under 3's where your baby or toddler can be looked after while you enjoy worship.

If you would like prayer after the service please talk to someone wearing a Green Lanyard

THIS WEEKS ACTIVITIES

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|------------------|---------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| TODAY | 10.30am | Rev Michael Hunter (pulpit exchange) - All Age Worship <i>Steward Barbara: Welcomers Linda & Tracey: Coffee Sally & Merv: Counters Mavis & Peter: PA Lance:</i> |
| MONDAY | 9.30am | Totters |
| | 1.30pm | CBBs |
| | 6.15pm | Girls Brigade |
| WEDNESDAY | 10.00am | Drop In in the lounge |
| | 7.30pm | Worship Group meets in church |
| THURSDAY | 10.00am | Over 60's |
| FRIDAY | 2.00pm | Cornerstone Crafts |
| SUNDAY | 10.30am | Rev Jeff Thomas - <i>Steward Paul: Welcomers Agnes & Lesley: Coffee Paul & Jeanette: Counters Olive & Freda: PA Ed:</i> |
| | 6.30pm | Sunday Bath |

Today's Readings: Isaiah 49:1-6 John 1:29-42


NOTICES :- Email Elizabeth on liz_stanbridge@hotmail.co.uk or phone 725156

Notices by Thursday evening please. Notices sent after Thursday evening will NOT be included in the notice sheet.




PASTORAL TRAINING. If you are already a Pastoral Visitor, or have a pastoral interest in members of our church fellowship and are thinking about what the role entails... Please put a note in your diary and make an effort to come along to 3 sessions of Pastoral Training in the New Year. Our own Rev. Tricia Rogers will be leading these evenings. As well as improving our listening skills there will be opportunities to learn from each other. So it promises to be a good and beneficial time.

The sessions will also be open to Stricklandgate church and will run from 7 - 8.30pm, so you'll be home in good time for bed! The dates for the first two evenings are Tuesdays 21st January and 4th February. The third date is 'to be arranged'. Please have a word with Lance or Jenny Goodman or Jane McNeill if you will need transport. Thank you.

 **4Cs Coffee Morning:** Our next Coffee Morning is Saturday 1st February 10.00am—12noon. There will be our usual Cake and Jam Stall as well as Scarves and unwanted Christmas Presents. Please support us if you can.

Advanced Warning: The following coffee morning will be on 2nd May and will be our Plant Sale so start planting!!!!



 Thanks for all of your support for January's Messy Church. There were 90 people, and all except 2 had been before. The theme for February is "True family" and there are quite a few items you could help us with if possible. We need A5 envelopes, loom bands, gingerbread men, red & yellow food colouring, cheerios, white mini marshmallows, ribbon, stickers and stick on jewels. Please sign up on the list in the hub if you can provide any of these items and leave them in the donations box by Sunday 2nd Feb. Your donations really do help with the organisation. Thanks as always, Sally & Karen x

See the notice board for details of **Friday Lunchtime Concerts** held each year in the Parish Church from 12.30—1.15. Dates between January 24th—April 3rd.



Sandylands does Alpha!

An Alpha course is starting on Thursday 23rd January 2020, running weekly starting at 7pm- location to be confirmed.

Alpha is a film series exploring the big questions around life, faith and meaning. We will meet together to share a meal and watch a video in the series. After the video there will be a chance to ask questions and discuss perspectives on life's big topics. All are welcome! Whether you're an atheist, agnostic or confess a faith, you are welcome to join in the conversation. If you know anyone that might be interested or want to come yourself we would love to see you there! Just drop me a message if you're interested or have any questions.

There are 4 ways you can help:

PRAY- Very important! We would love for people to be praying specifically when Alpha is happening- prayer cards to follow!

COOK- Make a meal for the group (sign up sheet on notice board) prepare for at least 15 people.

COME- Come yourself or bring a friend.

DONATE- Any donations would be appreciated to help fund the venue for the Holy Spirit weekend and to contribute to the cost of meals.

Rachel McNeill 07969578215 Rjmcneill1997@gmail.com



The next **Open Meeting for CTiK&D** is on Monday 27 January, at 7pm, at Stricklandgate Methodist Church. (Please use the entrance on Union Street.)

“At this meeting important decisions will need to be taken regarding whether or not we continue to participate in some of the activities in which we have been involved. Dwindling numbers of people attending means that it has been difficult to gauge whether there is support for some initiatives and the committee is aware that the work of organising some big events has fallen to a very small band of people. More people attending the meeting will enable us to discern the way forward more realistically. Please go along and show support if you are able.”

Volunteers desperately needed for Tuesday Lunch club at Stricklandgate

The lunch club provides a hot 3 course meal for people who want to come together for company and a hot meal. Most of the folk live alone and live all across Kendal, so this time together is very important in alleviating loneliness.

The meal is cooked by different teams each week with about 6 people on each team. So you would be asked to volunteer once a month. Please contact Tricia or Jeff for more details

Events at St Georges Church

Community Hub every Tuesday From 11.30am to 1.30pm they have soup, sandwiches and cake, and drinks and biscuits

Sacred Space first Thursday of every month at 7.45pm. (for 45 mins) It's an opportunity to grow closer to God. It includes silence and quiet music

First Saturday Breakfast (on the first Saturday of the month!!) is from 8.30am to 9.30am – continental style - with a Thought for the Day.

Sandylands does Alpha! An Alpha course is starting on **Thursday 30th** January (note change of date), running weekly starting at 7pm- location to be confirmed. If you know anyone that might be interested or want to come yourself we would love to see you there! Just drop me a message if you're interested or have any questions. Full Details are on the notice board.

Rachel McNeill 07969578215 Rjmcneill1997@gmail.com

Pilgrim Poets: Why not try something new for 2020? A new group is starting at M:HUB on Tuesday 14 January at 7.30pm and then on the second Tuesday of each month.

Come along and explore the ways in which contemporary poets have written about God and drink coffee at the same time! No experience or expertise necessary. Everyone very welcome. £2.00 donation towards cost of coffee and room hire.